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<th>Time</th>
<th>Monday 4/5</th>
<th>Tuesday 4/6</th>
<th>Wednesday 4/7</th>
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<th>Friday 4/9</th>
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<tbody>
<tr>
<td>9 AM</td>
<td>Chat Room for Friends</td>
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<td>Karaoke with Latoya</td>
<td>Zoom Scavenger Hunt</td>
<td>Musical Theater</td>
<td>Book Club</td>
<td>Art Is Fun</td>
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<tr>
<td>11 AM</td>
<td>What’s New with Alethia</td>
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<td>Travel the World with Debbie</td>
<td>Relate &amp; Draw with Nature</td>
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<td>12 PM</td>
<td>Theater Fun with Tammy</td>
<td>Tasty Tuesday with Terry</td>
<td>Sweet Treats</td>
<td>Arts &amp; Crafts with Mrs. Lovelace</td>
<td>Club Dundalk</td>
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<td>1 PM</td>
<td>Fun with Spanish</td>
<td>Virtual Bingo</td>
<td>Safety Shuffle</td>
<td>Shopping with Latoya</td>
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<tr>
<td>2 PM</td>
<td>Simon Says</td>
<td>Show and Tell with Debbie</td>
<td>This and That</td>
<td>Cooking with Ciara</td>
<td>ASL (American Sign Language)</td>
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<td>2:30 PM</td>
<td>Sports Talk with Adam</td>
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<td>Wrestling Wednesdays with Adam</td>
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<tr>
<td>3 PM</td>
<td>Mystery Box</td>
<td>Connect Four with Latoya</td>
<td>Connections Training</td>
<td>Inspiration Moments</td>
<td>Virtual Karaoke</td>
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</table>
Arts and Crafts with Mrs. Lovelace; Art, Social Skills, Self-Expression, and Creativity
Make crafts in the comfort of your own home with supplies you may already have on hand. Some supplies will be mailed to you before the next class.

Offered every Thursday, 12 pm - 1 pm
REGISTER WITH LANIECE: lfaggans@thearcbaltimore.org

American Sign Language (ASL)
Communicate with your hands. Learn basic American Sign Language.

Offered every Friday, 2:00 pm - 3:00 pm
REGISTER WITH LANIECE: lfaggans@thearcbaltimore.org

The Animation Experience
Watch and discuss animation history of past and present. Will be Informative, social interaction, some discussion, and fun!

Offered every other Wednesday, 1 pm - 2 pm
Alternating Wednesdays with Safety Shuffle
REGISTER WITH LANIECE: lfaggans@thearcbaltimore.org

Anything Goes
This class will concentrate on anything that is informative, build socialization skills, opportunity for discussion, educational, and interesting.

Offered every Friday 11 am – 12pm
REGISTER WITH LANIECE: lfaggans@thearcbaltimore.org

Basic Computer Skills
An interactive class for those who want to learn the basics of Microsoft Word, Outlook, Excel and PowerPoint. Having beginner computer skills is helpful. Also having a desktop computer or laptop is preferable.

Offered every Tuesday and Thursday, 9 am - 10 am
REGISTER WITH ALETHIA: ALance@thearcbaltimore.org | ONLY 4 SPOTS

Book Club
Read stories of your choice with Ciara and have a chance to talk about the book with you friends who also love books.

NEW TIME!! Offered every Thursday, 10:00 am - 11:00 am
REGISTER WITH CIARA: cadolfo@thearcbaltimore.org

Chat Room with Friends
A person led and lively chat group about topics of the day; no planned topics, just a place to connect, catch up, and enjoy each other’s company

Offered Monday through Friday, 9 am - 10 am
REGISTER WITH LANIECE: lfaggans@thearcbaltimore.org

Club Dundalk
Club Dundalk w/DJ Howard-Come dance with us with your very own DJ right in your own home. Meet up with friends to dance till you drop!

Offered every Friday, 12 pm
REGISTER WITH LANIECE: lfaggans@thearcbaltimore.org
**Connections Training**

The class is about making and nurturing connections (friends, family, co-workers, neighbors) It will discuss what good connections and bad connections look like. Additionally it will teach individuals how to plan activities.

Offered every Thursday, 3 pm - 4 pm

REGISTER WITH MONEEN: mblake@thearcbaltimore.org

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**Fun with Spanish**

*Hola! Let’s learn Español together! No prior knowledge required. Socialization Skills, Cross Cultural Language Skills, and Memory.*

Offered every Monday, 1:00 pm - 2:00 pm

REGISTER WITH CATHY: cotterbein@thearcbaltimore.org

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**Connections Training**

The class is about making and nurturing connections (friends, family, co-workers, neighbors) It will discuss what good connections and bad connections look like. Additionally it will teach individuals how to plan activities.

Offered every Thursday, 3 pm - 4 pm

REGISTER WITH MONEEN: mblake@thearcbaltimore.org

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**Cooking with Ciara**

Creating delectable foods that can be made with ingredients most people have readily available or can easily obtain after the event and make later

Offered every Thursday, 2 pm - 3 pm

REGISTER WITH CIARA: cadolfo@thearcbaltimore.org

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**Inspiration Moment**

Sharing inspirational stories about people and animals. This class will inspire our people, show them what compassion is, and that there are many good and caring people out there in our world.

Offered every Thursday 3:00 pm - 4:00 pm

REGISTER WITH LANIECE: lfaggans@thearcbaltimore.org

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**The Music Factory**

Join me for a music extravaganza! We would talk about and listen, and maybe even, dance to different music artist, genre, or era every other Tuesday. You don’t want to miss it!

Offered every other Tuesday, 12 pm - 1 pm

REGISTER WITH SHAMEKA: sjohnson@thearcbaltimore.org

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**Employment Skills for Job Seekers**

A robust and interactive discussion of employment skills and work-related topics for those actively seeking employment in the community

Offered Monday through Friday, 10 am - 11 am

REGISTER WITH ALETHIA: ALance@thearcbaltimore.org

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**Musical Theater**

Learn about and sing along to select Broadway musicals (The Sound of Music, Grease, Hairspray, Shrek, The Little Mermaid) with Tammy Kaskel (The Sky is the Limit Arts Program Director).

Offered every Wednesday, 10:00 am - 11:00 am

REGISTER WITH TAMMY: TKaskel@thearcbaltimore.org
Mystery Box
Latoya will present 10 items in a box and use her senses to describe and then YOU have to guess.
Offered every other Tuesday 3:00 pm - 4:00 pm
REGISTER WITH LANIECE: lfaggans@thearcbaltimore.org

On the Farm with Jenn
Visit Jenny’s farm to see baby animals (Watch them as they grow) and have a chance to ask questions about what it is like to live on a farm and get a basic understanding of how to maintain a farm.
Look forward to this class returning at a later date!
REGISTER WITH JENN: jbrower@thearcbaltimore.org

Painting with Kee: Art is Fun
Enjoy the peaceful act of painting
Offered every Friday, 10 am - 11 am
REGISTER WITH KEE: kfields@thearcbaltimore.org

Relate & Draw With Nature
Build Relationships with living creatures around you. We will look & learn about creatures living in Maryland. What lives near YOU? What have you never noticed before? Learn & appreciate other life forms. RELATE, RESPECT and LOVE all living forms & creatures. This zoom class deepens relationships with the natural world and also builds visual communication through drawing. If you only want to watch and learn, that's fine! But all are encouraged to actively draw anything from what we see that is living. Bring a pencil or pen, and paper. Let's learn, relate & draw!
Offered every Wednesday, 11:00 am - 12:00 pm
REGISTER WITH LANIECE: lfaggans@thearcbaltimore.org

Safety Shuffle with JK
An interactive discussion about basic safety in the home and community to address topics: calling 911, recognizing an emergency, building a first aid kit and a Go Kit, fire safety, and other relevant topics with examples and Q&A
Offered every other Wednesday, 1 pm - 2 pm
REGISTER WITH NANCY: nbrown@thearcbaltimore.org

Shopping with Latoya
Learn the essentials of smart shopping.
Offered every Friday 1 pm – 2 pm
REGISTER WITH LANIECE: lfaggans@thearcbaltimore.org

Show and Tell with Debbie
Show us something important to you where you live. Many of us have pets and love to discuss our pets. You don’t have to have a pet to participate... You can show and tell us the things that are important to you.
Offered every Tuesday, 2:00 pm – 3:00 pm
REGISTER WITH LANIECE: lfaggans@thearcbaltimore.org

Simon Says
Simon says spin the wheel I will spin the wheel for the individuals and will do the activity the arrow lands on. This activity will include patience, fun and movement, exercise and listening skills.
Offered every Monday 2:00 pm - 3:00 pm
REGISTER WITH LANIECE: lfaggans@thearcbaltimore.org
Sports Talk with Adam
An interactive group discussion for the avid sports fanatic! If you’re into stats, historical sporting events or just sports in general, this is the group for you!
Offered Monday, Tuesday, Thursday and Friday, 2:30 pm - 3:30 pm
REGISTER WITH ADAM: asouthwick@thearcbaltimore.org

This and That with Debbie
Fun, socially interactive games. Name that tune. Guess that Movie. Recognize this place? Which animal is this? And much more!
Offered every Wednesday, 2 pm - 3 pm
REGISTER WITH LANIECE: lfaggans@thearcbaltimore.org

Sweet Treats
Learn how to make delectable delicious easy treats using 5 ingredients.
Offered every Wednesday, 12 pm - 1 pm
REGISTER WITH SHAREEN: SBrown-Jones@thearcbaltimore.org

Travel the World with Debbie
Visiting different countries and places on Zoom.
Offered every Tuesday, 11 am - 12 pm
REGISTER WITH LANIECE: lfaggans@thearcbaltimore.org

Tasty Tuesday’s with Terry
Learn how to make tasty, delicious treats with ingredients around the house.
Offered every other Tuesday, 12 pm - 1 pm
(Be sure to attend “The Music Factory” the alternative Tuesdays from 12 pm—1 pm)
REGISTER WITH TERRY: TGriffin@thearcbaltimore.org

Virtual BINGO
Live virtual Bingo full of excitement and complete with music and prizes! Create your own card and join us!
Offered every Tuesday 1 pm - 2 pm
REGISTER WITH CIARA: cadolfo@thearcbaltimore.org

Theater Fun with Tammy
Socialization Skills, Spoken Dialogue, Memory, Creativity and Imagination.
Offered every Monday, 12 pm - 1 pm
REGISTER WITH TAMMY: tkaskel@thearcbaltimore.org

Virtual Karaoke
Calling all singers ready to belt out a ballad, uplift with a gospel standard, sing your favorite rock song or harmonize with your favorite song!
Offered every Monday with Latoya, 10 am—11 am
REGISTER WITH LANIECE (Mondays): lfaggans@thearcbaltimore.org
Offered every Friday with Millie, 3 pm—4 pm
REGISTER WITH MILIE (Fridays): msantos@thearcbaltimore.org
What’s New with Alethia—Current Events and Culture
An interactive forum that explores a wide variety of topics such as current events, mindfulness and meditation, Google Earth tours and cultural experiences just to name a few. Make new friends and learn something new!

Offered Monday through Friday, 11 am – 12 pm
REGISTER WITH ALETHIA: Alance@thearcbaltimore.org

Wrestling Talk Wednesdays with Adam
Gather with friends for a fun, weekly discussion of wrestling. Geared for the true wrestling fanatic!

Offered every Wednesday, 2:30 pm – 3:30 pm
REGISTER WITH ADAM: asouthwick@thearcbaltimore.org

Zoom Scavenger Hunt
Ask each individual to find something that will be easy and usually in the home. (ex. Find something that has a lot of numbers on it, answer: phone, remote control). Find something red, things of that nature. This class will get them up and moving around.

Offered every Tuesday, 10 am – 11 am
REGISTER WITH LANIECE: lfaggans@thearcbaltimore.org

Virtual Field Trip:
Turkey Hill Experience
Come to Lancaster County, PA and learn how our ice cream is made, sit in a milk truck, milk our mechanical cows, and learn about the people and culture of Turkey Hill Dairy. The Turkey Hill Taste Lab allows you to bring your virtual ice cream creation to life as you make your own pint of ice cream!

Discover, taste, and experience tea from around the world.

One Time Event on April 8, 2021, 11 am - 12 pm
REGISTER WITH LANIECE: lfaggans@thearcbaltimore.org