

## 2019 Legislative Action Guide



### How to write, phone or e-mail the Governor:

Address letters to:

The Honorable Larry Hogan  
Office of the Governor  
State House  
Annapolis, Maryland 21401-1925

Dear Governor Hogan:

To e-mail the Governor, go to the Governor's website at [www.gov.state.md.us](http://www.gov.state.md.us) and click on "Email the Governor"

Phone: 410-974-3901

### How to write, phone or e-mail your legislators:

#### State Senators:

The Honorable (name)  
James Senate Office Building  
11 Bladen Street  
Annapolis, MD 21401-1991  
Dear Senator (name):

To e-mail your senator: [firstname.lastname@senate.state.md.us](mailto:firstname.lastname@senate.state.md.us)

OR

The Honorable (name)  
Miller Senate Office Building  
11 Bladen Street  
Annapolis, MD 21401-1991  
Dear Senator (name):

To e-mail your senator: [firstname.lastname@senate.state.md.us](mailto:firstname.lastname@senate.state.md.us)

#### State Delegates:

The Honorable (name)  
House Office Building  
6 Bladen Street  
Annapolis, MD 21401-1991  
Dear Delegate (name):

To e-mail your Delegate: [firstname.lastname@house.state.md.us](mailto:firstname.lastname@house.state.md.us)

If you are uncertain about your district, check your voter's identification card, issued by the Supervisor of Elections or to look up your district, senator and delegate by your street address and zip code go to the Maryland General Assembly Website at [www.mlis.state.md.us](http://www.mlis.state.md.us)

#### All Annapolis Phone Numbers:

See numbers listed beside Representative's name (This is a local call, not long distance).

#### For General Assembly Information:

Telephone: (410) 841-3000  
Fax: (410) 841-3850

Legislative Reference: (410) 841-3810

### Baltimore County Delegation to the General Assembly

#### District 6

**Senator:** Johnny Ray Salling - *James*: 410-841-3587  
**Delegates:** Robin L. Grammer Jr.: 410-841-3298  
Robert B. Long: 410-841-3458  
Richard W. Metzgar: 410-841-3332

#### District 7

**Senator:** J.B. Jennings - *James*: 410-841-3706  
**Delegates:** Richard K. Impallaria: 410-841-3289  
Lauren Arian: 410-841-3334  
Kathy Szeliga: 410-841-3698

#### District 8

**Senator:** Katherine A. Klausmeier - *James*: 410-841-3620  
**Delegates:** Joseph C. Boteler, III: 410-841-3365  
Eric Bromwell: 410-841-3766  
Harry Bhandari: 410-841-3526

#### District 10

**Senator:** Delores G. Kelley - *Miller*: 410-841-3606  
**Delegates:** Benjamin T. Brooks, Sr.: 410-841-3352  
Jay Jalisi: 410-841-3358  
Adrienne A. Jones: 410-841-3391

#### District 11

**Senator:** Bobby A. Zirkin - *Miller*: 410-841-3131  
**Delegates:** Jon Cardin: 410-841-3054  
Shelly Hettleman: 410-841-3833  
Dana Stein: 410-841-3527

#### District 12

**Senator:** Clarence Lam - *Miller*: 410-841-3653  
**Delegates 12A:** Eric D. Ebersole: 410-841-3328  
Terri L. Hill: 410-841-3378  
Jessica Feldmark: 410-841-3205

#### District 42

**Senator:** Chris West - *James*: 410-841-3648  
**Delegates 42A:** Stephen W. Lafferty: 410-841-3487  
**42B:** Nino Mangione: 410-841-3258  
Michelle Guyton: 410-841-3793

#### District 44

**Senator:** Shirley Nathan-Pulliam - *James*: 410-841-3612  
**Delegates 44B:** Charles E. Sydnor III: 410-841-3802  
Patrick G. Young: 410-841-3544

### Baltimore City Delegation to the General Assembly

#### District 40

**Senator:** Antonio Hayes - *James*: 410-841-3656  
**Delegates:** Frank M. Conaway Jr.: 410-841-3189  
Melissa Wells: 410-841-3545  
Nick Mosby: 410-841-3520

#### District 41

**Senator:** Jill Carter - *Miller*: 410-841-3697  
**Delegates:** Dalya Attar: 410-841-3268  
Tony Bridges: 410-841-3283  
Samuel I. Rosenberg: 410-841-3297

#### District 43

**Senator:** Mary Washington - *James*: 410-841-3145  
**Delegates:** Curtis S. Anderson: 410-841-3291  
Maggie McIntosh: 410-841-3407  
Regina Boyce: 410-841-3476

#### District 44

**Senator:** Shirley Nathan-Pulliam - *Miller*: 410-841-3612  
**Delegates 44A:** Keith E. Haynes: 410-841-3801  
**44B:** Charles Sydnor: 410-841-3802  
Pat Young: 410-841-3544

#### District 45

**Senator:** Cory McCray - *James*: 410-841-3165  
**Delegates:** Talmadge Branch: 410-841-3398  
Cheryl D. Glenn: 410-841-3257  
Stephanie Smith: 410-841-3486

#### District 46

**Senator:** William C. Ferguson IV - *Miller*: 410-841-3600  
**Delegates:** Luke Clippinger: 410-841-3303  
Robbyn T. Lewis: 410-841-3772  
Brooke E. Lierman: 410-841-3319



# United States Congress

The Arc Baltimore is also active in national-level public policy matters and closely follows the proceedings of the U.S. Congress. The information below tells how you may contact your U.S. Senators and House Representatives.

You are also encouraged to visit The Arc National Office website at [www.thearc.org](http://www.thearc.org) and click on Action Center. You can quickly see the latest relevant activities in the Congress and quickly generate e-mails on the latest issues.

## Senate:

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The Honorable Chris Van Hollen  
United States Senate  
B40C Dirksen Senate Office  
Building  
Washington, D.C. 20510  
(202) 224-4654  
Fax: (202) 224-8858  
Web Site: [www.vanhollen.senate.gov](http://www.vanhollen.senate.gov)

The Honorable Benjamin L. Cardin  
United States Senate  
509 Hart Senate Office Building  
Washington, D.C. 20510  
(202) 224-4524  
Fax: (202) 224-1651  
Web Site: [www.cardin.senate.gov](http://www.cardin.senate.gov)

## House of Representatives: (serving parts of Baltimore City and Baltimore County)

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The Honorable Elijah E. Cummings  
(D-7th)  
United States House of Representatives  
2235 Rayburn House Office Building  
Washington, D.C. 20515  
(202) 225-4741  
Fax: (202) 225-3178  
Website: [cummings.house.gov](http://cummings.house.gov)

The Honorable Andrew Harris  
(R-1st)  
United States House of Representatives  
506 Cannon House Office Building  
Washington, D.C. 20515  
(202) 225-5311  
Fax: (202) 225-0254  
Website: [harris.house.gov](http://harris.house.gov)

The Honorable C.A. "Dutch" Ruppertsberger  
(D-2nd)  
United States House of Representatives  
2453 Rayburn House Office Building  
Washington, D.C. 20515  
(202) 225-3061  
Fax: (202) 225-3094  
Website: [dutch.house.gov](http://dutch.house.gov)

The Honorable John Sarbanes  
(D-3rd)  
United States House of Representatives  
2444 Rayburn House Office Building  
Washington, D.C. 20515  
(202) 225-4016  
Fax: (202) 225-9219  
Website: [sarbans.house.gov](http://sarbans.house.gov)